Psychopathy of The Main Character in The Collection Short Stories
Perempuan Yang Menunggu by DM Ningsih

Raja Syamsidar
rajasyamsidar@unilak.ac.id

Laras Tri Handayani
larastrihandayani2710@gmail.com

Tengku Muhammad Sum
tengkumuhammadsum@gmail.com

Universitas Lancang Kuning

ABSTRACT
This research is entitled Psychopathy of the main character in a collection of women's short stories waiting for DM Ningsih's work in terms of literary psychology. Psychopathy is a personality disorder characterized by a group of behaviors and traits, including ego, deceit, shallow emotions, lack of guilt, remorse, empathy and an anti-social lifestyle as well as a tendency to ignore or violate social conventions and rules. This study aims to describe the psychopathy of the main character in a collection of short stories by DM Ningsih with a literary psychology approach, using Sigmund Freud's psychoanalytic personality theory in particular, namely Personality Structure and Psychopathy-Checklist Revised Hare. The results of this study are (1) The form of psychopathic behavior of the main character in DM Ningsih's short story collection is based on the characteristics of the special actors in psychopaths, namely antisocial behavior, likes to manipulate, aggressive behavior, sadistic behavior, and no regrets and no guilt so that the form of behavior can be determined psychopath. (2) the factors that cause the main character to behave psychopathically in DM Ningsih's short story collection are environmental and traumatic factors.

Keywords: Psychopathy; Literary Psychology; Main Character; Perempuan Yang Menunggu

INTRODUCTION
Literary psychology is text research to consider the relevance of the role of psychological studies. Psychology plays an important role in analyzing a literary work, working on the psychological view of literary works, both in the elements of the author, the character or the reader. The center of attention lies in the characters because what will be analyzed is the inner problem contained in the literary work. The relationship between literature and psychology is very closely fused. Literary psychology is an interdiscipline between psychology and literature (Endraswara, 2008: 16, (in Minderop, 2018: 59).
The characters in a literary work can be considered as models or miniature human beings who are full of complexities. In humans besides the body or body there is an inner element consisting of mind and soul. Good literary works are usually able to present the whole human being along with all the complexities of his mind and psychology. Therefore, literary works can be approached with psychology to reveal more deeply the inner problems of the characters in the work. The results of the character's inner study are useful as a mirror for the reader to reflect on himself.

Literary psychology regarding the character's psychology includes psychopathy. Psychopathy is a psychiatric disorder seen from actions that are egocentric and antisocial. Psychopath is a term for someone who suffers from psychopathy. Psychopathy is a personality disorder defined by a distinctive group of behaviors and inferred personality traits, most of which are viewed in society as pejorative. Therefore there is no light problem to diagnose someone as a psychopath (Robert D Hare, 1999). The sufferer is also often referred to as a psychopath or sociopath, because of his anti-social behavior and harm those closest to him. Psychopath is etymologically a combination of words from the Greek, namely psyche and pathos which means mental illness. Psychopaths are different from crazy (psychosis), because a psychopath is fully aware of his actions." (Aksan, 2008, (in Mahdi NK, 2021).

According to Freud (in Sarwono 2009: 266) psychopaths are individuals whose ego is controlled by the id, the superego has no authority/influence at all on the ego. So, the ego only listens to what the id says, meaning that all psychopathic actions are based on the will of the id, regardless of the good or bad of these actions. A psychopath can do whatever he wants and believe that what he is doing is right. He is a liar, manipulative, without pity or guilt after hurting others, expressionless, difficult to empathize with others and easily threatens anyone, sometimes even he can act cruelly indiscriminately. Talks about him soared high and saw his weaknesses in others and did not care about anyone. Whereas in the Psychopathy Checklist-Revised Hare describes psychopaths as deceptive, dominant and shallow" (Archer & Elizabeth, 2013).

In the research that the writer did, the writer chose a collection of short stories Women Waiting by DM Ningsih as the object of research. In several of the short stories in the anthology, the main characters tend to experience psychiatric disorders that lead to psychopathy. These characters carry out acts of sadistic murder with non-economic motives but to fulfill certain desires in the characters themselves. The short stories of Mutilation, Collections and Voices are three short stories that have this trend. The three short stories are the object of the writer's research. The problem uncovered from this study is how the psychopathic behavior of the main character in DM Ningsih's Collection of Short Short Stories Women Waits and what are the factors that cause the main character to behave psychopathically. The analysis tools used are Sigmund Freud's literary psychology theory and Robert D Hare's Psychopathy Checklist-Revised.
LITERATURE REVIEW

Previous Related Study

There are several studies relevant to the author's research. Among them is the research of Sinduk Farhanatul Fauziyah, Drs. Heru Marwata, M. Hum. (Thesis), Regin Yohan Syawamaredo Gotama (Thesis), Reza Rozali, Mulyono, Maharani Intan Andalas IRP (Journal of Indonesian Literature), Lisa Andriana (Thesis).

Sinduk Farhanatul Fauziyah Research, Drs. Heru Marwata, M. Hum (2016) entitled Psychopathic Characters in the Novel Straw by Noorca Marendra Massardi: Sigmund Freud's Psychoanalytic Analysis. Sinduk et al's research from the Indonesian Literature Program, Gadjah Mada University has almost the same goal as the author's research, namely to analyze the abnormalities in the actions of psychopathic characters and obtain a clear picture of the psychopathic aspects of the characters in the novel. This study uses the theory of Psychoanalysis.

The next research is that of Regin Yohan Syawamaredo Gotama, a student majoring in Language and Literature, Faculty of Cultural Sciences, Universitas Brawijaya. Regin's research (2015) entitled Analysis of the Main Character's Psychopathic Behavior in the Tale of La Barbe Bleue by Charles Perrault. The theory used is the Psychopathy Checklist Screening Version theory put forward by Dr. Robert D Hare in 1991. This research is a mixed research, namely a study that combines qualitative and quantitative research because the data displayed is in the form of descriptive text and mathematical formulas. The results of this study indicate that Barbe Bleue has 4 models of behavior that reflect interpersonal relationships in psychopathic tendencies. These behaviors include superficial, deceitful, lacks empathy, and doesn't accept responsibility.

The next research is the research of Reza Rozali, Mulyono, Maharani Intan Andalas IRP (2018), students of the Department of Indonesian Language and Literature, Faculty of Languages and Arts, Semarang State University, Indonesia. Her research is entitled The Phenomenon of Psychopathic Behavior in Anastasia Aemilia's Catharsis Novel: A Study of Literary Psychology. This study aims to describe the phenomenon of psychopathic behavior in the novel Catharsis by Anastasia Aemilia using a literary psychology approach, specifically using Sigmund Freud's theory of psychopathic personality disorder. The target in this research is the phenomenon of psychopathic behavior experienced by the characters by examining the form of behavior, and the factors that cause it.

Research NK, Mahdi. (2021) Psychopaths: Characteristics, Causes and Solutions in Islam is the next relevant research. Mahdi's article was published in the Indonesian Journal of Sociology of Religion (JSAI), 2(3), 133-144. This article aims to describe psychopathy related to its characteristics, causes, and solutions to
overcome them in Islamic teachings. In his study, the author uses a qualitative approach, namely by studying literature or literature review related to psychopathy and Islamic religious teachings. This study identified that there are three factors that cause psychopathic behavior, namely genetic, environmental, and traumatic factors. The solution in Islam is reading the Koran, praying at night, hanging out with pious people, fasting, and remembrance. These five actions are known as Islamic psychotherapy which can be used to treat psychopathic behavior.

**METHOD**

**Design and Samples**

The object of this study is a collection of short stories *Perempuan Yang Menunggu* by DM Ningsih. Dewi Mulkhaida Ningsih or better known as DM Ningsih is a female writer from Riau who was born in Pekanbaru, 27 September 1979. A part from writing short stories, DM Ningsih writes poetry and short stories and is also active in theater as an actress, director and scriptwriter. In *Perempuan Yang Menunggu*, 13 short stories are collected. Of the 13 short stories, three short stories were selected as research data. The short stories are *Mutilasi*, *Koleksi* and *Suara-Suara*. These three short stories tell about the psychology of each of the main characters where they have mental disorders and sexual disorders. This type of research is descriptive qualitative research using qualitative methods. Qualitative descriptive research is a research method that aims to fully and in-depth describe social reality and various phenomena that occur in society that are the subject of research so that the characteristics, characteristics, traits, and models of these phenomena are described (Sanjaya, 2015, p. 47). Data and data sources use data in the form of the short stories *Mutilasi*, *Koleksi* and *Suara-Suara* by DM. Ningsih.

**Instrument and Procedure**

The data collection technique used in this research is library techniques through library research (literature study). Danandjaja (2014) argues that library research is a scientific method of systematic bibliographical research, which includes the collection of bibliographical materials, related to research objectives; collection techniques with the method of literature; and organize and present data”. Library research aims to collect data and obtain data, obtain information with the help of various materials in the library room. After the data has been collected through literature study, the data is marked and recorded in a notebook. The data that has been recorded in the notebook is then coded. The coding is adapted to the research object in the form of the main character's psychopathy in short stories. The data that has been obtained and coded is then selected according to the type of data. The steps of data collection that the authors do are as follows

1) Reading the short stories Sounds, Mutilations and Collections in the Collection of Short Short Stories Women Waiting for the work of DM Ningsih
as a whole carefully.
2) Recording the data included in the form and factors that cause the main character to behave psychopathically in the short story Suara-Suara, Mutilation and Collection in the Collection of Short Short Stories Women Waiting by DM Ningsih.
3) Sort out the data needed by the author for the research purposes to be studied.

Data Analysis

Data analysis techniques in this study used content analysis. According to Hamzah (2019, p. 92), content analysis seeks to see the consistency of meaning in a text that is described in structured patterns and can lead researchers to an understanding of the value system behind the text.

RESULT AND DISCUSSION

Short Story Synopsis

In the short story Mutilasi, the main character is a woman named Naina who works as a forensic doctor. But he did strange things that most forensic doctors don’t do. He enjoys his job because he has a hobby of collecting body parts to make collections. Naina also seemed to tell her that she had a friend named Rahma. He always writes messages to his friends in the form of writing on paper. However, he only kept the paper and did not send it. Rahma is another form of herself as a form of her hatred for men who harass her.

The second short story is titled Koleksi. The main character is a young man, about 24 years old, with a thin mustache and white skin, a tall, thin body with glasses dangling on his aquiline nose. This man has a dual personality that makes others not realize that he is doing heinous things. He disguised himself perfectly so that no one knew about him. This man has a hobby of carving symbols of love on the bones of his victims and then making them into his beloved collection. The victims who are the targets for his collection are high-ranking officials such as corrupt prosecutors, corrupt judges, corrupt businessmen, sycophants and traitors to the country. The third short story is entitled Suara-Suara, with the main character being a man whose hobby is collecting and kissing the hair of the victims he killed and raped. He committed this heinous act because he had been betrayed by the woman he loved so much. As an outlet, he made every woman he raped and tortured as a collection. There are similarities in the three main characters of each of these short stories. They are individuals with odd habits, have sadistic tendencies and appear manipulative.

Forms of Main Character Psychopathy

The researcher uses the psychopathic characteristics proposed by Hare, using the Hare Psychopath Check List - Revised (PCL-R) measuring tool (in Acher & Elizabeth, 2013: 230-231) to prove that the main characters in the three short
stories have psychopathic souls. Furthermore, the researcher analyzes the behavior of the main character based on psychopathic characteristics, so that they can determine the form of behavior of the three main characters in the three short stories.

Based on the psychopathic characteristics that have been mentioned in the theoretical basis, these characteristics can be classified into several psychopathic behaviors, because these psychopathic characteristics build the special behavior that is carried out by a psychopath. "Special behaviors include; (1) antisocial behavior, (2) likes to manipulate, (3) aggressive behavior, (4) sadistic behavior, and (5) have no regrets and feel guilty".

1. Anti-Social Behavior

Psychopathic antisocial behavior is driven by different factors than non-psychopaths. For example, a lack of ability to process information emotionally, a lack of ability to understand other people and only self-interest." Below are 3 short stories with each of the main characters, which are as follows:

**Mutilasi**
In the short story *Mutilasi* there is no antisocial behavior committed by the main character, namely a woman named Naina who works as a Forensic Doctor.

**Koleksi**
In the *Koleksi* there is antisocial behavior carried out by the male Musa as the main character.

"Iya bangga dengan pekerjaannya itu. Pekerjaan yang tak banyak mengeluarkan biaya sekaligus mendapatk penghargaan dari kliennya yang memuaskan hasratnya untuk memenuhi koleksi di lemari esnya." (DM Ningsih, 2019 : 58)

In the data quote above, it illustrates that the main character in the short story is only concerned with his satisfaction to fill his collection without thinking about other people who have become victims. Through the quote above, it can be seen that id is very powerful, namely the main character who is proud and satisfied with his work without having to feel uncomfortable. This is included in the *id* with the principle of pleasure and avoidance of discomfort and the *ego* only follows the wishes of the *id* then arises the inability of the *superego* to suppress the *id* and *ego*.


The antisocial nature is illustrated from the quote above. The main character is very proud of the murders he has committed. He has no guilt and instead feels
happy for his sadistic actions. The id is more powerful than the ego in the character so that the superego cannot play the role it is assigned to.

“Sisa dari bagian mayat korban dilihtnya, lalu menyeret mayat itu ke dalam kamar mandi. Untuk hasil terakhir dari pekerjaannya itu, iya harus membiarkan mayat korban berbaring bersama aliran air hingga darah dapat mengalir terbawa air tersebut.” (DM Ningsih, 2019: 59)

**Suara-Suara**

In the short story *Suara-Suara*, antisocial behavior can be seen in the main male character as seen in the following quote:

“Bangsat!!! Lepaskan aku!!! Perempuan itu mencoba memberontak namun laki-laki tersebut makin beringas, ia tak perduli dengan teriakan dan tangisan perempuan malang itu. Dengan cepat ia menyelesaikan permainannya dengan perempuan tersebut, tubuh mereka bersatu dalam kegelapan, jeritan kehiluan mengisi ruangan.” (DM Ningsih, 2019: 95)

2. Manipulative

Manipulating behavior is a characteristic that is often carried out by a psychopath to launch or cover up his crime. In practice, this form of manipulating behavior is carried out by psychopaths by lying, deceiving, and taking advantage of their victims, either verbally or nonverbally.

**Mutilasi**

The main character in this short story named Naina who works as a Forensic Doctor.

“Sekarang aku sebagai dokter forensik, menikmati pekerjaanku serta hobi baru ini. Walau kau menghianati cita-cita kita, tapi persahabatan ini tak akan pernah putus. Kau tau sahabat, apa yang ku temukan selain potongan tangan tadi?” (DM Ningsih, 2019: 49)

In the data quote above, it describes the main character who has a hobby that should not be done by forensic doctors in general. In this short story, Mutilation explains that Naina, as a forensic doctor, has a hobby of collecting body parts. Naina seems to behave like a forensic doctor in general, even though she has a strange hobby and is hidden because she is a forensic doctor.

**Koleksi**

In the *Koleksi* the main character is a young man. Below are some texts that prove that the main character is manipulative:

“Dibuka peralengkapan penyamarannya,setiap orang yang meminta bantuannya tak akan mengetahui siapa dia,penyamaran yang sempurna. Setiap langkah yang diambil slalu diperhitungkanya dengan seksama. Salah sedikit saja akan berakibat fatal pada diri dan koleksi kesayangannya” (DM Ningsih 2019: 63)

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“Iya melihat kekaca seorang lelaki yang menyerupai dirinya, gambaran kliennya tersenyum puas akan hasil kerjanya hari ini. Menjebak para oknum polisi untuk masuk kedalam perangkapnya, mereka yang meminta kematian seorang polisi yang selalu berupaya untuk terus berjalan lurus, menghantarkan mereka ke surga kepuasannya.” (DM Ningsih, 2019 : 67-68)

In the quote above, it illustrates that the main character has manipulative properties by successfully trapping police officers into their trap. The data excerpt above also shows that the id is in power without having to think about the ego and superego, namely because the main character's wishes are fulfilled by him succeeding in trapping the elements for his satisfaction.

**Suara-Suara**

This short story character is a man who behaves manipulatively. He denied his subconscious as if he had not committed the heinous act. Even though the murder he committed to his girlfriend was a premeditated crime out of revenge

“Aku tidak pernah keluar, aku selalu ada di dalam.”
“tidak mungkin! Aku melihatmu keluar tadi, kau apakan Janet!” kataku.
“kau mengingkari alam bawah sadarmu, aku tidak pernah keluar, aku di dalam hatimu, selalu ada didalam jiawamu, kau dan aku adalah satu. Kita sama.”

Bangsat! Aku tidak sekeji kau! Kau apakan janetku!!

“Janetmu? Bukankah malam itu kau yang memutuskan akhiri kehidupannya. Malam itu, kalian memutuskan berkemah di Bukit Tengkorak, saat itu kau sudah merencanakan dengan seksama tanpa ada cela. Saat kau mengetahui kebohongan-kebohongan kekasihmu itu, sahabat yang kau percaya itu? Kau berani menghabisinya, malam itu kau begitu bermafi menyetubuhinya, lima hari adalah waktu untuk memecahkan rekormu mengalahkan laki-laki lain yang meniduri kekasihmu itu, kau yang menghabisi janetmu, aku rekanmu, iyakan?!
Tidak!!! Aku tidak menghabisi Janet, dia masih hidup, tadi dia bersamaku, aku mendengarkanmu akan menghabisi perempuan itu!”

Aku dan kau adalah satu jiwa, lihat!!! Kita satu jiwa! Kau tidak puas dengan Janet, kau terus mencari-cari Janet-Janet lainnya untuk kepuasan dendamu, aku yang membantumu selama ini, kau paham! Aku jiwamu!” “keparat kau!!!” aku berteriak dan mengambil botol minuman yang ada diatas mejamu, dan saat itu baru aku sadari tanganku penuh dengan darah.” (DM Ningsih, 2019 : 99-100)

3. Aggressively
Aggressive behavior in a psychopath is usually more than aggressive behavior in most people, a psychopath may not be satisfied with physical or verbal attacks, they will usually be satisfied when they kill their victims. This happens because a psychopath has shallow emotions, is easily provoked by trivial things, and cannot control himself (impulsive).

Mutilasi

Below is a quote from the main character's data that behaves aggressively:


“Dia ditemukan dalam gorong, membusuk menurut autopsiku, dia sudah terbaring digorong tersebut selama seminggu, badannya membengkak, penuh air, belatung menggagap tubuhnya, tapi entah kenapa, saat ia dihadapanku, aku begitu bersemangat membedah isi dirinya.” (DM Ningsih, 2019 : 51).

The main character Naina is aggressive when dealing with the corpse she is going to dissect. A passionate sense of enthusiasm not because of his love for the work he is engaged in. Nor is it because of a noble intention to find the data and facts needed to uncover the motive for the murder experienced by the victim. The uncontrollable passion in Naina's character is related to a desire within her that cannot be suppressed, namely the love to collect corpses.

Koleksi

“Sangat mudah untuk laki-laki pertama itu baginya dalam menjalankan segala yang ia rencanakan. Begitu juga dengan laki-laki kedua yang tengah mabuk dirumah judi, kalah berjudi, saat ia keluar melalui pintu belakang, menghindari penagih hutang, dengan mudah, ia memukul kepala laki tersebut dan ia...daa! laki-laki kedua berakhir disebuah selokan dengan air mengalir. Ia agak kerepotan saat menjalankan rencana pada laki ke tiga. Laki-laki masih sadar, deduk menonton tv diruang keluarga bersama anaknya. Ia harus menunggu lama sampai laki-laki itu tertidur. Dengan sempat asap untuk membuat orang pingsan dialirkannya melalui aliran udah dirumah tersebut, ia masuk kedalam rumah dengan memakai masker saat semua orang terlelap tidur. Ia pun berhasil menjalankan rencananya, dan mayat korban diseretnya ke dalam kolam renang di rumah tersebut. Kembali ia mengamati tiga tulang yang telah terukir lambang cinta itu. Diletakkannya ke dalam kulkas, Koleksi yang sempurna.” (DM Ningsih,
Aggressive behavior is seen in the main character of this short story when he kills three people in one night. He killed the victim then dragged him into the swimming pool. Such a job would be impossible for a normal human to do. Killing just one person was already taking a long time, while the main character is able to kill three people in one night so easily.

Suara-Suara

“aku tidak akan menyakitimu, kita akan bermain-main.” Lalu laki-laki tersebut dengan kasarnya membuka rok yang menutupi tubuh perempuan itu, tangannya mulai nakal.

“bangsat!!! Lepaskan aku!!!” perempuan itu mencoba memberontak, namun laki-laki tersebut makin beringas, ia tak perduli dengan teriakan dan tangisan perempuan malang itu.” (DM Ningsih, 2019:95)

In the data quote above, it illustrates that the main character behaves aggressively by roughly opening the woman's skirt and ignoring the poor woman's cries and screams. He didn't care at all about the woman's rebellion, he was even more violent towards the game he was doing. The data excerpt above also illustrates the id of the main character who has power over him who too follows his lust for the sake of his satisfaction and doesn't care about the poor woman without having to listen to the ego and superego.

4. Sadistik

Sadistic, namely individual behavior that has a tendency to hurt other individuals cruelly. This behavior is formed from the way psychopaths treat their victims such as killing, torturing, and even mutilating. "All the actions they take are based solely on desire and without feeling (empathy). A psychopath, cutting off a chicken's head and cutting off a human's head makes no difference, because a psychopath usually lacks and doesn't even have that empathy trait.

Koleksi

The main character in this short story behaves sadistically. He torturing the victim by doing something that is very painful, namely he slices the victim's arm, carefully lifts the victim's flesh, white bones are visible behind the flesh, with high-level carving skills, the bones are scraped and carved until the carving is in the form of a symbol love, in this way the victim is much more tormented by his treatment.

"Bagai ahli bedah profesiional iya mengiris lengan korban, hati-hati"

Suara-Suara


The main character's sadistic behavior, namely by collecting every hair of the woman he has killed. He shaved the heads of the women he killed and then stored the hairs in a cupboard.

CONCLUSION

Based on the research results, it can be seen the form of psychopathic behavior or traits and the factors that cause psychopathic behavior in the three main characters in each short story. The first short story is Mutilasi, the psychopathic behavior that Naina as the main character performs, namely manipulating, aggressive, and feeling no regrets, no guilt. Naina is neither antisocial nor sadistic. Then the factors that cause him to behave psychopathically are environmental and traumatic factors. The second short story is entitled Koleksi with the main character being a young man. The main character's form of psychopathic behavior is antisocial, manipulative, aggressive, sadistic behavior and does not feel sorry and does not feel guilty. Factors causing the main character to behave psychopathically are environmental factors. Meanwhile The third short story is titled Suara-Suara with the main character being a man. The form of psychopathic behavior carried out by the main character is antisocial, manipulative, aggressive, sadistic behavior and does not feel sorry and does not feel guilty. Factors that cause the main character to behave psychopathically are environmental factors. Psychopaths, namely people whose ego is controlled by the id seea superego, are not authoritative at all. Ego and superego only follow the wishes of the id.

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